



April Newsletter



Dear Supporters,

Our Winter Shelter project has been a fantastic success this year. We gave shelter, food and wrap around support to access vital healthcare to over 40 people.

Our work expanded to work with Calderdale A&E Department who often have people presenting in crisis because they have nowhere else to turn to. We were able to help a gentleman that had presented to A&E 21 times in 3 months due to having no housing, poor mental health, and addiction issues.

He moved into the shelter and didn't present at A&E again, freeing up vital resources for life threatening treatment. He just needed a place to stay and the support to move forward in his life. We worked around the

clock with him for 4 weeks and were able to refer him to a rehab. He is now over 3 months abstinent from substances and is moving into his own accommodation with day support from the rehab. He regularly keeps us updated with his progress; we are incredibly proud of him. This is just one of many life changing stories that we can support with your generous help.

We are incredibly proud to announce the opening of our brand new, refurbished 7 self-contained flats with 24/7 support for people who have been repeatedly homeless in Calderdale because they have multi complex needs and are unable to live independently without support.

Many of our residents have experienced childhood trauma that has manifested into serious drug and alcohol addiction to block out

the trauma of the past. Many have been exploited as adults due to their vulnerability and this project offers them the safety and security of 24/7 staffing whilst maintaining the independence of their own home.

Our Trauma Informed Complex Lives Coordinators will work with each individual using a harm reduction model and will work towards building resilience and a support network to allow each person to move on to independent living in the future.

Thank you once again to our generous donors and supporters. With your help, we can create a stronger, healthier, and more compassionate community for everyone.

Elleu Boothe
CEO



For regular updates follow us on social media



We are extremely grateful for your continued support of Happy Days Homeless Charity. Whether you donate regularly or occasionally, please know that your generosity makes a significant difference in the lives of those who use our service. We simply could not sustain our work without the kindness of people like you. *THANK YOU!*

It would be a pleasure to show you around our charity and give you an overview of how your donations are making an impact. If you're interested in visiting, please don't hesitate to contact us; we would be happy to arrange a tour at your convenience.

803

Total Interventions
in 6 Weeks

151

Health
Interventions

60

Substance & Alcohol
Misuse Interventions

77

Social Care & Housing
Interventions

Drop-In & Complex Lives Services

We have added to our growing list of services who hold a clinic at our Complex Lives Service. These now include Calderdale Recovery Steps who attend on a Thursday morning and encourage people to access drug and alcohol treatment. By partnering together, we can ensure easier access to people within our cohort

who have a background of multiple disadvantages.

This is so important for those individuals who struggle to meet appointments due to homelessness, digital exclusion, mental and physical health issues to name but a few.

Secondary mental health services are holding a clinic every Wednesday afternoon which is not only of huge benefit to our service members, but

it is also giving clarity and support to our Complex Lives Coordinators, who will then provide a better-informed service.

We partnered with First Vision Eyecare who provided free health and eye tests, along with prescribed glasses for 18 of our members. Those who were seen were really pleased with their new sight (!), and we are hoping to host another day, given the event was so successful.

LIFE RECOVERY THERAPY WORKSHOPS

Learn how to navigate life's challenges, and take time to reflect with others



We're inviting you to prioritise your emotional health in 2025. By nurturing your emotional health, you can build a strong foundation for long-term well-being and resilience in all areas of your life.

TUESDAYS 6-8pm in Elland
£40 per session - attend once or more often

Sessions will be run by a trained therapist
These are just some of the topics we'll cover week by week.

When you buy a session you are giving back a session to a group in need

Life scripts.
understand the role you're playing in life.
Fear, Anxiety, and the nervous system.
Unhealthy habits and addictions.

Guilt and Shame.
how roots of childhood shame can affect of our adult life.
Co-dependency and attachment.
Transactional Analysis
understanding how we relate to ourselves and others.



Book Now using the QR code or email
Liferecovery@happydaysuk.org
For more details call our Therapy Manager on
07909725737

Our therapy workshops have been very successful throughout March with some positive feedback from the participants.

If you would like to book one of our Therapy Workshops, please contact our in-house therapist, James Batty jamesbatty@happydaysuk.org

Winter Shelter Update

As the Winter Shelter closed on the 31st March 2025, we are all incredibly proud of what we have achieved together. Over the past six months, we provided a safe space and vital support to 43 residents, some for just one night and others for as long as 162 nights.

Our dedicated team have worked tirelessly to offer wrap-around care, from three meals a day to support with substance use, mental health, and physical health. This success would not have been possible without the unwavering commitment of our staff and partner agencies.

We have made healthcare a real focus this year, and have carried out a total of 504 healthcare interventions / average of 20 per week.

These include:-

- 28 Dental appointments
- 182 GP / other healthcare appointments
- 89 Manage medication interventions
- 32 Taken to collect prescription

Events

Our events calendar is out for 2025. We are so excited to be introducing a new event to our calendar – Car Rally – covering 1200 miles across Europe, over 4 days! If you are interested in attending or sponsoring any of our events, please get in touch. Full information of all events can be found on our website.

THE BIG TEN

HAPPY DAYS
-SmartMove

10 LANDMARKS, 10 MILES

26.04.2025
12PM

Join the Big Ten Walk on 26th April! Walk 10 miles through Calderdale's stunning landmarks to support Happy Days. Open to all ages and fitness levels. Walk solo or with friends and make a difference. Lace up and help us raise vital funds!

Scan the code to enter

Step Up for a Cause: Join the Big 10 Walk!

Saturday 26th April @ Stod Fold - 10 miles

Looking for a unique team-building challenge that makes a real difference? Get your colleagues together and sign up for The Big 10 Walk – a 10-mile walk through the beautiful Calderdale countryside, all in support of Happy Days UK and people facing homelessness and crisis.

This is more than just a scenic stroll. It's a chance to reconnect as a team, boost morale, and enjoy the great outdoors – all while supporting a local charity making a big impact. Whether you're a seasoned hiker or just looking for a new way to bring your team together, The Big 10 Walk is the perfect day out.

"A great way to bond outside the office and give back to the community."

2024 Big 10 Participant

The event is proudly sponsored by Active Calderdale, championing the idea that When We Move, We're Stronger – and we couldn't agree more.

Register your team now or get in touch to learn more about group sign-ups and sponsorship opportunities. Let's walk, talk, and make every step count.



Big Sleepout News!

We're still reeling from the support shown at the Happy Days Big Sleepout back in March, when over 70 participants signed up to spend a cold and uncomfortable night outside, in solidarity with those who are experiencing homelessness and to raise awareness of those in crisis.

So far, we have raised nearly £17,000 from this event and we're incredibly grateful to everyone who took part. If you're interested in supporting Happy Days, please head to our website Events and Opportunities at Happy Days in Halifax.

Tee Off for a Great Cause

Final Team Spots Remaining!

Friday 9th May @ Bradley Hall Golf Club
Sponsored by **Yes Energy Solutions**

Join us for a fantastic day of golf, networking, and giving back at the Happy Days Charity Golf Day – and be quick, we've only got two team spots left!

Held at the stunning Bradley Hall Golf Club, Halifax, this event is the perfect way to enjoy some friendly competition while supporting local people experiencing homelessness and crisis. With a delicious dinner, prizes, and a great atmosphere, it's a brilliant day out for your team or clients.

Want to boost your brand while you're at it? Tee sponsorships are also available, offering a great way to showcase your company on the course and support a vital local cause. Book your team or tee sponsorship here or contact us to find out more. Spaces are limited – swing into action today!

HAPPY DAYS -SmartMove

UPCOMING EVENTS 2025

APR 26 THE BIG TEN (10 Landmarks, 10 miles, 10 years of Happy Days)	MAY 09 THE BIG GOLF DAY	MAY 11 LEDS MARATHON HAPPY DAYS 1000 MILES MARATHON
JUN 12-14 THE BIG RIDE HOME 24	JUL 12 HAPPY DAYS CROWN GREEN BOWLING	OCT 02 HAPPY DAYS CAR RALLY
OCT 03 THE CALDER FIFTY CUP	NOV 15 HAPPY DAYS CHARITY BALL	DEC 08 THE BIG GIVE

For more information on any of these events or to be a sponsor please contact events@happydaysuk.org or call 01422 381316

Volunteers

A massive shout-out to all our volunteers—we couldn't do what we do without them. In February, our volunteers contributed an incredible 1,377 hours, and in March, they gave 1,211 hours. With 60 volunteers currently active, their impact is felt every single day.

We're thrilled to share that we currently have three active volunteer placements and one amazing individual who has completed her placement hours and chosen to stay on as a volunteer—a huge testament to the supportive and engaging environment here!

BAM Construction has been generously providing weekly IT lessons, which have been a brilliant boost, especially for our volunteers. These sessions are helping build confidence and digital skills—massive thanks to BAM for their continued support!

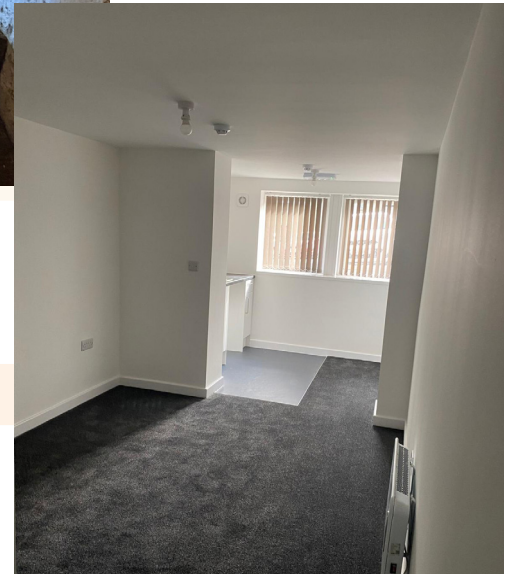
The volunteers played a key role in the smooth running of the winter shelter—offering support, energy, and hands-on help throughout. Their contributions made such a difference, and we are so grateful.

Properties

The Property Team have had a challenging three months, actively progressing with the installation of the HUG 2 project, aimed at improving the energy efficiency of our flats and enhancing sustainability across our housing stock.

In addition to this, we have successfully completed the refurbishment of Jubilee House, which has now been transformed to accommodate seven high-quality flats.

These efforts reflect our ongoing commitment to upgrading our properties and providing comfortable, modern living spaces for our residents.



Jubilee House Update

We are so grateful to **Elland Round Table** who donated 7 brand new beds for our newly opened intensive support service, Jubilee House, Halifax. We are incredibly thankful, this kind donation has helped not only Happy Days but **Project Colt** too.

A BIG shout out too to everyone who donated to the furnishing of Jubilee House via our Amazon Wish List – our residents are beyond grateful.





Food Services

We continue to provide food, refreshment and intensive support to those within the community who access our service. We would not be able to do this without the generosity of our partners, volunteers, staff and donors who each play such a pivotal role in helping us to deliver the service.

We celebrated the grand opening of our purpose-built space, formerly the Salvation Army building on St James Road, Halifax, on Valentine's Day. Although we first opened our community supermarket in August 2023, we had been operating from a shipping container until now. Our new space, styled like a village grocer with rustic wooden shelving and zero-waste fixtures, now allows multiple customers inside and provides a more dignified, welcoming environment.

Members can shop once a week, choosing up to 15 items for £6. We also offer "specials" like 2-for-1 deals and a free table with extra goods. The selection includes fresh and frozen food, and toiletries. Members can also open a credit union account, saving £1 each visit.

Our experienced support workers provide wraparound care to help tackle issues contributing to food insecurity.

At the opening, we welcomed guests including Andrew Forsey OBE (Feeding Britain) and Councillor Anne Kingston, Mayor of Calderdale, who officially opened the new site. Community members, customers, and volunteers joined us for a buffet-style tea and games of pool enjoyed by pupils from St Joseph's Catholic Primary Academy.



Our Food Service Manager, Joanna Henderson, thanked the community: "We couldn't be prouder of how the supermarket fits into our wider support network. It offers more choice, supports independence, and restores dignity by giving people control over how they feed themselves and their families."

Our supermarket is open:
Wed, Thurs & Sat: 10am–3pm
Fri: 11am–3pm

This is just one of the vital services we provide. We also offer free hot meals five days a week, a drop-in for people with complex lives, and Calderdale's only Winter Shelter for homeless individuals.

To donate or volunteer:
Items/Funds:

admin@happydaysuk.org

Volunteering:

natasha@happydaysuk.org

Need support?

Call us on 01422 381316

or visit The Gathering Place

1 St James Road

Halifax

HX1 1YS

Mon–Fri, 9:30am–1pm

Lottery

For just £2 per week you are in with a chance to win BIG – as well as a superdraw of £10,000 March and Sept and £5000 June and December.

There is the chance to win £1000 weekly along with smaller weekly prizes.

Better still this will raise approximately £20,000 for our amazing charity – hopefully more if we get as many sign ups as possible!!

Please share with friends and family too to help us hit our target.

Click the link and Signup today:-

<https://happydaysuk.org/what-we-do/happy-days-lottery/>

HAPPY DAYS
LOTTERY

HAPPY DAYS
inc SmartMove

WIN BIG FOR JUST £2 PER WEEK!

**Every ticket helps support
Happy Days providing vital
care for those in crisis**

SIGN UP NOW

**ONE
£1,000
PRIZE**

**FOUR
£25
PRIZES**

**TWENTY-SIX
£10
PRIZES**

**MARCH
£10,000
SUPERDRAW**

**SEPTEMBER
£10,000
SUPERDRAW**

**JUNE
£5,000
SUPERDRAW**

**DECEMBER
£5,000
SUPERDRAW**

**GIANT CASH
BONANZA**

QUARTERLY SUPERDRAWS



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